

ANNUAL REPORT

2020-2021



*House No. 118, 01st Floor, Dundahera Village,
Gurugram, Haryana.*

Website: - www.pahalsociety.com E-mail: pahaldelhi@gmail.com

1. INTRODUCTION

PAHAL Society for Development is a National level voluntary Organization in the area of health, education, socio-economic development and protection of socially disadvantaged populations. It was initiated by a group of dedicated social workers and professionals in Delhi. The organization was formally registered in May 2007 under the Societies Registration Act 1860 as a national level voluntary organization. During the financial year 2019-2020, PAHAL Society for Development has significantly reorganized and expanded its portfolio of programmes and activities. During this period the organization initiated and successfully implemented various programmes and interventions aimed at overall development of socially disadvantaged population as well as improving the status of their health and hygiene. These programmes were mainly decentralized and tightly monitored and it focused on following key issues:

- ✚ **Health**
- ✚ **Development**
- ✚ **Education**
- ✚ **Advocacy and awareness building**
- ✚ **Training and documentation**
- ✚ **Networking and Advocacy**
- ✚ **Pollution Prevention & Control**
- ✚ **Disaster Management**

PAHAL as rolled out several new, cutting edge programs to match the need of the underprivileged with organizational capacity and local supply. **PAHAL** was established way back in 2005 group of committed professionals of Delhi

PAHAL acutely feels that health and education are the most neglected areas in our country today and if not taken care of immediately, the situation could worsen. Health and education standards have deteriorated among the rural poor and the under privileged sections of the society. Striving towards generating awareness as well as developing various need- based programs in order to improve their quality of life needs serious and diligent attention.

On developmental front, **PAHAL** emphasizes at providing services in fields of education, health, vocational training & skill building, transfer of technology, empowering children, youths and women.

PAHAL within its parameters of aims and objectives has evolved a range of programs and project activities, which aim at promoting all round development of the deprived sections of the Indian society.

2. OUR BENEFICIARIES

PAHAL works with Children, Youth, Men, Women, Homeless and Marginalized Sections of the Society.

3. ADMINISTRATION, MANPOWER AND INFRASTRUCTURE

3.1. Governing Body

PAHAL has a Governing Body that is responsible for the management of the Society headed by the President. The General body has following rights and duties:

- (a) To issue guidelines and to give adequate support to the Executive Committee in its endeavors for the fulfillment of the objective of **PAHAL**.
- (b) To approve the transfer of location of the registered office of **PAHAL**.
- (c) To approve the transfer of immovable properties of **PAHAL**.
- (d) To accord approval to the proposed rules and regulations of **PAHAL** and to approve amendments thereof.
- (e) To examine and approve the Annual Report, annual accounts and the audit report for the preceding financial year as well as programmes and budget of the coming financial year presented by the Managing Committee at the annual general meeting.
- (f) To constitute the Executive Committee from amongst the members (other than the founder members who are the ex-officio members of the Executive Committee) at the annual general meeting.
- (g) To appoint Auditors and consider other proposals put forward by the Executive Committee.

3.2. Executive Committee

PAHAL has a national executive committee headed by its Executive Director. Its general body elects the members of the Executive Committee. In order to run day-to-day administration and operations of the organization, an Executive Director has been designated by the General Body. The Executive Director and Accountant are responsible for the accounts of the organization, which is audited every year by a Qualified Chartered Accountant. The Executive Director is the Chief Executive of **PAHAL** and is responsible for the coordination of policies, planning and execution of all programmes and activities of the organization. The specific powers and functions of Executive Director as specified in Bye-Laws include:

- (a) He shall do all such acts as may be required for the proper conduct of the ordinary current administrative and business duties and affairs of **PAHAL**.
- (b) He shall allocate duties to officers and employees of **PAHAL** and shall exercise such supervising and executive control as may be necessary subject to the rules and regulations.
- (c) All the correspondence shall be over his signature or of an officer(s) authorized by him in this behalf.
- (d) He shall exercise such of the financial and administrative powers as may be delegated by the Governing Body or by the President/Chairperson.
- (e) The Executive Director shall sign and execute on behalf of the Governing Body all agreements, contracts etc. which may be necessary for the proper conduct of the business of the Council.
- (f) He shall sign and verify plaints, written documents, statements, affidavits, petitions and tabular statements and institute or defend suits, actions and other legal proceedings on behalf of the Central Council/Governing Body.

(h) He shall have power to compromise, settle or refer to arbitration any dispute relating to PAHAL after taking competent legal advice.

(i) The Executive Director may, subject to such restrictions as he may think fit to impose, authorize Director (Admn.)/ Finance/Accounts officer/Drawing and Disbursing Officer as the case may be, to exercise, up to the extent indicated, of powers conferred upon him under the Bye-Laws.

(j) The Executive Director may subject to such restrictions as he may think fit to impose authorize the Heads of the Projects to exercise such of the powers conferred upon him under the Bye-Laws.

(k) The Drawing and Disbursing Officer or any other Managerial level Officer authorized by the Executive Director on his behalf shall have the power to sanction an expenditure of a miscellaneous or contingent nature up to an amount not exceeding Rs. 2000/- in each case.

(l) He shall accept any donation by cash or kind provided the same is unaccompanied by any condition inconsistent with or in conflict with the nature and objects for which PAHAL is established. The donation so received should be utilized for the purpose for which it has been received and the matter may be reported to the Governing Body when it meets next.

4. AIMS AND OBJECTIVES

The major aims and objectives of the PAHAL include:

1. Improving educational status of disadvantaged population and improving public education of in the society by implementing programmes and interventions
2. Ensuring care, protection, rehabilitation and advancement of women and children, elderly, disabled, orphans, destitute and mentally retarded persons etc. through institutional and non-institutional care programmes
3. Promoting human rights, child rights and protection by implementing advocacy and awareness generation programmes
4. Arranging, establishing, running and supervising the physically Education Centre to give training for improvement of young generation, physical health and mind
5. Ensuring enhancement of skills through vocational and skills training for facilitating self employment to the poor, needy, SC/ST/OBC and weaker sections of society.
6. Publishing books, charts, illustrations, magazine, periodicals news papers and other publications to attain the aims and objectives of the society.
7. Carrying out advocacy with state and/or central government authorities for facilitating overall socio-economic development of socially disadvantaged populations as well as ensuring their care and protection
8. Working with government authorities directly or indirectly in the times of any disaster and/or other natural or man made calamities.
9. Ensuring necessary care, support and rehabilitation services for disabled, orphans and vulnerable children, disadvantaged women and elderly
10. Arranging treatment for drug abusers by providing proper care, nursing treatment and counseling services.

11. Arranging, establishing and running health care services for the welfare of disadvantaged populations.

5. PROGRAMMES AND ACTIVITIES

5.1. **Medical Care/Camp for Slum dwellers:** - PAHAL organises regular health camps in association with Max Foundation for those where Government facilities/schemes not to reach. This facility would help the bearer to avail hassle free Health Check Ups at free of cost. Within the catchment area of Dundahera & Arjun Camp Two health camps are organized every month with Free Medical Consultation & medicine distribution (on prescription).

Recognizing that alcohol and substance abuse has caused widespread affliction in the country, PAHAL aims to create a movement for a multi-sectoral approach to prevent substance dependency. The harmful effects of alcohol and substance abuse are of a great magnitude and concern. The personal, social and economic costs of alcoholics and drug dependents are borne by individual families and the community at large. Alcohol and drug dependency leads to an increase in the health cost of the drug dependents causing major loss of productivity, marital conflicts (violence against women), a major depletion of family resources, poor nutrition to children, deprivation of education etc.

The consequences of drug and alcohol abuse in India are of grave concern to us and we believe that adequate attention is not being paid to this major problem. PAHAL aims at linking the disadvantaged population to key services through an effective network of referral services. Through resource mapping, a comprehensive list of existing resources and services has been prepared which is used for ensuring following key services to the people in need from its target area:

- Free Health Check-up
- Detoxification and Emergency treatment.
- Psychotherapy, Family Work and Recreational therapy.
- Individual/ Group Counseling and Family Counseling
- Narcotics Anonymous & Eye care

5.2. School Awareness and Education Programme

Under this programme our main aim is to create awareness amongst school children to reduce their vulnerabilities to substance abuse. It also aims at motivating them to extend their contribution in the prevention of substance abuse and HIV/AIDS. On a particular date suitable to the school, a team of experts from PAHAL visits the school and conducts a participatory programme like Public debate, discussions, role plays, contests etc. Students are informed about ill effects and the legal ramifications of substance abuse; PAHAL also links students and their drug dependent relatives to free treatment and counseling facilities available in the nearby area.

5.3. Awareness Generation programmes & Community Participation: To strengthen the community linkages in our program, meetings with parents and community members will be regularly organized. Efforts will be made to involve community influential leaders and opinion makers to support education of vulnerable and out of school children. In order bring positive attitudinal change in parents and community members towards situation of children in terms of their rights and child protection, awareness generation programmes will be organized at regular intervals. Besides, specific community sensitization programmes on ill effects of substance abuse preventions and improving health and hygienic conditions and other social issues will be organized at the community.



In order to create an enabling environment in community for prevention of STI/HIV/AIDS and substance abuse as well as reduce stigma and discrimination of affected populations, PAHAL organizes various community awareness and education programmes. These programmes include puppet shows, street plays, audio-visual shows and other cultural activities aimed at creating mass awareness.

PAHAL has been successful in identifying some dedicated individuals especially youth at community and grassroots level to support implementation of its programmes and activities. These volunteers have been provided with basic training in issues related with health and hygiene as well as prevention of substance abuse, HIV/AIDS and STIs. These volunteers provide support to:

- Educate schools children on Substance Abuse and HIV/AIDS prevention.
- Facilitate parents-teacher meetings to motivate them for a drug and AIDS free environment in and around school.
- Provide referrals for health care, substance abuse and HIV/AIDS prevention and treatment of STIs and tuberculosis to disadvantaged and needy people
- Encourage and motivate the youth at community level to resist drugs.
- Organized poster exhibition and poster competitions against drug abuse and HIV/AIDS.

5.4. Community Learning Centre cum ODIC (Outreach Drop-in Centre)

Model Community Learning Centre for Slum/Street Based Children: - PAHAL SOCIETY FOR DEVELOPMENT runs the 2 Community Learning Centre at Dundahera, Gurugram & Arjun Camp Mahipalpur, Delhi. This centre is equipped with all necessary teaching and learning equipment and materials including a television, computer, small library, etc. imparting nonformal education to the targetted children. A Community Mobilizer linked with this centre will be responsible for ensuring regular participation of children by mantaining linkage with the families and community. The focus on this centre will be on mainstreaming interested children in regular schools and maintaining regular support and follow up to enture their retention in schools. Street based Children dependent on drugs at Dundahera and Arjun Camp Children are also provided with non-formal education which includes meal provision, clothes, shoes, study materials along with daily utility sanitary items (toothpaste, brush, soap, hair oil etc.) A reading corner has been designated within the centre to motivate children to participate in functional literacy & life skills classes. Crayons, colors, sketch books add vibrancy & spark to the dull life of children while letting them vent out their emotions through artistic expression.

5.5. Vocational Training Centre for Drug users & their Family & Women Empowerment through Skill Building

PAHAL aims to strengthen self reliance & women empowerment through Vocational skill building of the unprivileged in the trades of Stitching, tailoring & embroidery at Arjun Camp, Mahipalpur, Delhi & Dundahera Gurugram, Haryana.



5.6. Disaster Management Programme/Relief Camp Programme &

Emergency Response: PAHAL regularly organizes relief camps in the areas affected by Corona Covid-19, Fire Outbreak or slums demolished by civic authorities.

6.6 Life Skills Education:- PAHAL imparts Life skills education to Children/ Adolescents to help them develop social & emotional skills including social competence and problem solving skills, which in turn help them to form their own identity.

7 PHYSICAL ACHIEVEMENTS

REFERRAL SERVICES

Component	No. of people referred
Corona Covid centre for Testing	674
DOT'S Centre	24
STIs clinic	12
HIV Testing	71
Drug De- Addiction and Rehabilitation Centre	42
Anganwadi Centre	48
Eye care centre	41
Drop in Centre for Drug users (DIC)	82
General health check-up	512
Govt. School admission	47
Total	1553

Physical Achievement From April 2020 to March 2021

Sl. No.	Component	Physical Achievement
1.	Community Meetings	61
2.	Community Awareness Programme on Drug Abuse Prevention, Pollution Prevention & control, HIV/AIDS and Drug	18
3.	Home Visit	278
4.	Follow-up services	181
5.	Individual Counselling	872
6.	Group Counselling	315
7.	Condom Promotion demonstration & free supply	7500
8.	Dry Ration packet distribution	1530 (Family)
9.	Health Hygiene kit (Mask, Sanitizer, Soap, Surf, Dettol, Colgate, Tooth Brush)	1674 (Family)
10.	School kit (School Bag, Water Bottle, Lunch Box) & Study Materials	125 set
11.	Woolen Cloths & Blankets distribution	1545 (Family)
12.	Sanitary Pad Distribution	7000